

Chemical Services Guide



This is a quick yet comprehensive guide for textured hair following any chemical service. Both at-home and in-salon maintenance is critical to keeping hair looking and feeling healthy.

- A **Moisture** and **Protein** balance is always necessary, but crucial after hair is **colored or lightened (Chemical Service)**.
- Cover hair nightly with a silk/satin wrap or bonnet. Consider investing in silk/satin pillow cases (available on Amazon, Target, ULTA etc..)

Curl Maintenance

- **Moisture:** Water, Rose Water, Water + Oil Blends (Best if homemade)
- **Protein:** Olaplex, Bond Repair Shampoos, Conditioners, & Leave In products
- **Drink water (at least 2 liters daily) and add protein to food intake.**
- Vegetarian/Vegan Protein: Green veggies, beans, lentils, quinoa, nuts, fruits and oats. Non Vegan protein: Chicken, turkey, tuna, shrimp, salmon. **It cannot be overstated that both diet and genetics also contribute to hair growth & health.**

LOC Method Liquid, Oil, Cream (Others suggest LCO: Liquid, Cream & sealing with Oil) Find what works best and commit to a consistent self-care routine.

1. **Liquid:** Mix equal parts water and rose water in a medium size spray bottle: seal & shake. Separate hair to 4-6 manageable sections & spray each. Do not oversaturate. Gently detangle hair as needed with Denman Brush, comb, or fingers.
2. **Oil:** Apply light amount of **ONE OF THE FOLLOWING** oils from scalp to ends:

Castor - Heavy (explore Castor + Lavender, Castor + Aloe, Rosemary etc..)

Olive - HAIR not food oil. Medium Weight

Monoï, Jojoba, Vitamin E - Lightest. Best for low porosity hair (easy to absorb)

Tea Tree - Best for treating itchy scalp, **not for ends.**

Coconut Oil - Must be purchased in liquid form. Do not melt solid coconut oil & use on hair.

3. **Leave in Conditioner:** Finish with a cream based leave-in product. Experiment to find what works best. Your hair should remain hydrated, not heavy.

Product Recommendations: Do not over-saturate hair with products. Hair should never drip or have wet/sticky residue from use of excessive product that won't/can't absorb.

- **Rose Water:** De La Cruz - Rose Water and Vegetable Glycerin

https://www.amazon.com/Cruz-Glycerin-Parabens-Artificial-Colors/dp/B004NRLKOG/ref=sr_1_3?

[crd=606OUIRA68N9&keywords=dela+cruz+rose+water&qid=1705185768&rdc=1&sr=8-3](https://www.amazon.com/Cruz-Glycerin-Parabens-Artificial-Colors/dp/B004NRLKOG/ref=sr_1_3?crd=606OUIRA68N9&keywords=dela+cruz+rose+water&qid=1705185768&rdc=1&sr=8-3)

- Mix equal parts rose water & water to spray bottle. Shake.

- **Extra moisture:** The Ordinary - Hyaluronic Acid Serum

<https://www.ulta.com/p/hyaluronic-acid-2-b5-hydrating-serum-pimprod2007107?>

[sku=2551164&cmpid=PS_Non!google!Product_Listing_Ads&utm_source=google&utm_medium=paidsearch&CAWELAID=330000200001794794&srsltid=AfmBOorqqudTXMYi1GNAKr5BV9MBa75ND6be_1U_UVFJa3u-O4wd3LOkly8](https://www.ulta.com/p/hyaluronic-acid-2-b5-hydrating-serum-pimprod2007107?sku=2551164&cmpid=PS_Non!google!Product_Listing_Ads&utm_source=google&utm_medium=paidsearch&CAWELAID=330000200001794794&srsltid=AfmBOorqqudTXMYi1GNAKr5BV9MBa75ND6be_1U_UVFJa3u-O4wd3LOkly8)

- Apply: Liquid (Water + Rose Water), HA serum, Oil, Cream

- **Castor Oil:** Tropic Isle Jamaican Castor Oil + Aloe

<https://shopstarbeauty.com/tropic-isle-living-jamaican-black-castor-oil-aloe-vera-4-oz/?>

[sku=TIL53649&srsltid=AfmBOorWfdNNO5W8zS2vPXURPq-](https://shopstarbeauty.com/tropic-isle-living-jamaican-black-castor-oil-aloe-vera-4-oz/?sku=TIL53649&srsltid=AfmBOorWfdNNO5W8zS2vPXURPq-)

[8r17CCxxawLXXBjp3x95r4pWTBg7PTTk&com_cvv=d30042528f072ba8a22b19c81250437cd47a2f30330f0ed03551c4efdaf3409e](https://shopstarbeauty.com/tropic-isle-living-jamaican-black-castor-oil-aloe-vera-4-oz/?sku=TIL53649&srsltid=AfmBOorWfdNNO5W8zS2vPXURPq-8r17CCxxawLXXBjp3x95r4pWTBg7PTTk&com_cvv=d30042528f072ba8a22b19c81250437cd47a2f30330f0ed03551c4efdaf3409e)

- Hollywood Beauty: Jojoba, Coconut, Olive Vitamin E, and Monoi Oil etc... is available at most local hair/beauty supply shops.
- Kreyol Essence Haitian Black Castor Oil Hair Blends is available at ULTA

- **Protein:** Olaplex Bond Repair (Choose 2 or 3 not entire line)

<https://olaplex.com/>

- **Olaplex is NOT FOR DAILY USE. Use 1-2 times per week. Do not combine Olaplex with Keratin treatments/products**

- Recommend: #3 - Hair Perfector, #6 - Bond Smoother or #9 Bond- Serum
- Bumble & Bumble Bond Repair Shampoo, Conditioner, Heat protection spray (gold)
- Curlsmith - Bond Curl Rehab Salve (available at ULTA and online)

In Salon Full Olaplex Treatment: Add + \$25 to any service.


- **Leave in Conditioner Options:**


- As I Am: (Original) Leave in Conditioner
- Design Essentials: Almond & Avocado De-tangling Leave-In Conditioner
- Its a 10: Leave in Conditioner (Original or Curly)
- Mizani: Moisture Milk Leave In (Type 3 hair)
- As I Am: Olive Oil & Tea Tree (Best for scalp itch and dryness)
- Curlsmith: Curl Conditioning Oil in Cream
- Qhemet Biologics: <https://qhemetbiologics.com/> - Amla & Olive Heavy Cream: Best for 4C Hair


- **Heat Protection:** Mizani Heat Screen Hair Protectant Spray and/or VERB ghost™ Prep Heat Protectant. **No heat without protectant.**



Frequently Asked Concerns/Questions:

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1. **My Hair is Falling Out** - It's probably not. It's normal to lose up to 100 hairs per day, and even more after a chemical service. Shedding is normal. If your hair is falling out in massive clumps from the root, please contact the salon for further assistance. Most shedding slows after a few weeks following a chemical service. Both in salon and at home maintenance is critical for keeping your hair healthy and retaining length. This includes frequent trims to manicure dead/split ends before they become too severe and lead to breakage.
 2. **I wear my hair straight and it can't get wet** - Please dedicate at least one day each week to "LOC method" your hair. Blowout and re-straighten in between washes and salon visits (USE HEAT PROTECTOR(S)). If your hair has received a chemical service, you can NOT ignore critical maintenance without experiencing damage.
 3. **My hair still feels really dry** - Chemically processing textured hair is a risk that can often cause dryness (which leads to breakage). Please trust the process and allow time for hair to adjust to chemical changes. Consider all the advice mentioned above and remain consistent with a routine of self-care. Please remember that diet, genetics, food & water consumption play a role in hair health. We are always here to help, but more time is spent at home than in the salon, therefore at-home hair care is your responsibility.
 4. **Do I need to purchase every product mentioned?** No. We advise that the "essentials" on this list are rose water (to dilute with regular water and spray), a castor or light oil to follow, and one leave-in conditioner to finish. Olaplex (or other protein products) are recommended for use once only a week. We understand that it takes time to find the right products and that curly haircare is a lot of trial and error.

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- Please consider shopping at stores that accept returns, like ULTA to save money.
 - Please consider donating products that do not work to a Women's, Veteran's, or Children's shelter to eliminate waste and help the community.



5. **I need more assistance or still have more questions:** We are always happy to help. **Please call or text 716-263-6613 and we will reply within 2 business days.** We can also be reached at www.hilitesbuffalo.com or @hilitesbuffalo on Instagram and Facebook.

thank you :)
written by: Kelly

